



Technology Readiness Checklist

| Current Status | Information | Helpful Resources/Tips |
|--|-------------|--|
| 1. Is there reliable Cellular service or Wi-Fi service in your home? Consider any locations where you may want to use devices, such as bedrooms, bathrooms, and basement. | | <ul style="list-style-type: none"> • Visit the Broadband Availability link on the Education page of MHHTC.org • Contact your Internet Service Provider (ISP) to find out range capabilities for your home |
| 2. Do you have access to technical support services or skilled family members who can help with connecting and using your devices? | | <ul style="list-style-type: none"> • Who is your family “techie” (kids, grandkids)? • Check for available support from your ISP |
| 3. Do you have any other types of home health technology already in use at your home? For example, glucose meter, blood pressure cuff, scales, or other devices that <u>are</u> , or <u>could be</u> , connected to a computer network. | | <ul style="list-style-type: none"> • Contact your health insurance provider • Contact your primary physician or medical support resource • Check with your local home medical equipment distributor |

Care Readiness Checklist

| Current Conditions | Information |
|--|-------------|
| 4. What types of care support (if any) do you currently have in place? This could include a home health aide, family member, or neighbor who assists with care needs. | |



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| <p>5. Which areas of need were identified in the <i>Live Well at Home</i> quiz?</p> <p>* You will find the links to the quiz and support for home care choices and other useful information at MHHTC.org</p> | |
| <p>6. What current conditions would you like to measure or monitor?</p> <ul style="list-style-type: none"> <input type="checkbox"/> Falls <input type="checkbox"/> Medication Management <input type="checkbox"/> Wandering <input type="checkbox"/> Vitals Monitoring <input type="checkbox"/> Emergency Call <input type="checkbox"/> Environmental Controls <input type="checkbox"/> Social Engagement | |
| <p>7. What additional needs might you have that should be considered?</p> <p>* Discuss these suggestions with your primary physician or health insurance provider. More information about support can be found on the <i>Live Well at Home</i> web site http://mnlivewellathome.org</p> | |

MHHTC.org Search Results

| Technology Products | Capabilities |
|--|--|
| <p>Product:</p> <p>Manufacturer/Cost:</p> | <p>Which need does this support?</p> <p>How does it support the need?</p> |



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